

Guide For A Day Release Form

Appendix 1 ACKNOWLEDGEMENT OF HAZARD – ASSUMPTION OF RISK
WAIVER OF LIABILITY FOR *Tony Mayse* and Guide For A Day A LEGAL DOCUMENT.

Significant efforts have been made to give you a rewarding experience yet there are risks to you and your property that in extreme cases could lead to loss of your property, permanent trauma or even death. In consideration of being accepted as a mountaineering, hiking, rock climbing, and/ or camping client with Guide For A Day. I the under signed hereby agree to and acknowledge the following.

ASSUMPTION OF RISK – I here by acknowledge, accept and agree that the sport of mountaineering, hiking, and camping (M/H/C) involves inherent risks including but not limited to: all manner of traumatic injuries including the possibility of serious injury and / or death as a result of falling from or hitting rocks or other objects. injuries or illness resulting from camp food, animals, reptiles, or insects including the possibilities of serious injury or death. failure to follow instructions, failure to ask for instructions or clarification injuries cause from fall due to failure of rope, slings, harness, or other safety equipment. injuries caused from falling rocks, ice, snow, or trees. injuries caused by the malfunctioning of any equipment. illness and or death involving the environment including heat, cold, and altitude. possibilities of accidents involving other people including vehicles.

I further acknowledge that the above list is not inclusive of all possible risk associated with M/H/C and that I understand and have accepted these risks. I have had ample opportunity to ask questions in this realm of Guide For A Day staff.

RELEASE – I hereby release and discharge Guide For A Day Its owners affiliates agents employees, and their successors and assigns, from any and all liabilities, suites, claims, and demand actions or damages (including but not limited to attorneys fees and disbursements) incurred by me rising out of participation in activities associated with these activities (M/ H/C), including with out limitation, all claims for property damage, personal injury wrongful death even to the extent that such loss or damage is caused by or results from the negligence of any such party. This release is binding on my heirs, assigns and agents.

INDEMNIFICATION – I here by agree to indemnify and hold harmless Guide For A Day Its owners, affiliates, agents and employees, and their successors and assigns, from any and all actions, claims, demands, losses and costs of any nature whatsoever arising out of, or in anyway relating to my activities with Guide For A Day. Including that caused by the negligence of any such party. This indemnification is binding on my heirs, assigns, and agents. The term of this agreement shall continue in effect after the trip/ activity. The site and governing laws of any suite shall be in and of the state of Oklahoma In short I cannot sue or collect money from Tony Mayse and Guide For A Day.

AGREEMENT TO FOLLOW THE SAFETY POLICIES/RULES OF Guide For A Day. I assume full responsibility for my own safety as well as safety of others that I may impact while involved with Tony Mayse and Guide For A Day whose safety policies I agree to abide by and enforce. This includes but is not limited to: Clients are to follow the guide instructions, but are to question at a rest stop or inactive period (safe and appropriate asking time) anything appearing unsafe or unclear. If I see or hear anything that I feel is potentially or actual dangerous, I understand it is my responsibility to question and inform Guide For A Day employees, until corrected or satisfactorily answered. when a client is tied in they must remain tied in untold guide tells them “off belay” personal equipment may only be exchanged for furnished equipment with written permission from Tony Mayse and Guide For A Day. Climbers will tie directly to their harness with a figure of 8 retrace using a single or double grapevine safety. Clients will follow the field sanitation / leave no trace guidelines of the company.

The company reserves the right to remove me from the trip/outing/ experience permanently or for a specified period of time for any breach of safety policies, or for any conduct that is viewed as unsafe or inappropriate.

As a party of this contract I hereby acknowledge in my own hand writing " I have read and agree by the terms of these agreements" (write this phrase on the line below)

(I have read and agree by the terms of these agreements)

_____, ____
Client Signature Date

Name, clearly printed _____

Date of birth _____

Address _____

City, State, Zip _____

Home Telephone # (_____) _____

Work Telephone # (_____) _____

Emergency Contact _____

I carry medical insurance Yes _____ No _____ Company _____

Appendix 2 Participant Medical History

Name: _____ Address: _____

City, State: _____ Home # () _____

Work # () _____ Pager # _____ Cell Ph# _____

Personal Physician: _____ Office Ph # () _____

Address _____ city _____ state _____ zip _____

List of known Allergies _____ List of current Medications: _____

Do you: have any medical implants? _____ wear contacts? _____ Are you pregnant? _____ Circle and explain your all medical history(including but not limited to): Asthma, Angina. Altitude problems, Allergic reactions, Back problems, Blackouts, Chest pains, Concussions, Diabetes, Drug reactions, Dislocations, Epilepsy, Heart conditions, Seizures, Surgeries, Unusual blood pressure (explain any circled, or possible)

Are there any other conditions that might limit your participation? _____ NO, if YES explain:

Omitting any information may jeopardize your life. In your own handwriting, write the following on the line below: "I have accurately read and completed the above"

Signature Name (printed) date

Address- City State Zip